



Commercial Driver's Health Assessment

CONFIDENTIAL

If this form is not returned by the due date, your public vehicle licence may be suspended/heavy vehicle licence may be downgraded.

Applicants for a 'T' (Taxi), 'O' (Public Bus), 'H' (Private Hire Car), 'W' (Restricted Hire Car), 'M' (Hire Car Motorcycle) or 'D' (Rideshare) public vehicle licence, Accredited Driving Instructors or Heavy Vehicle Assessors are required to undergo an initial medical examination by their General Practitioner (GP) and appropriate specialist prior to the issue of the licence. Holders of these licences must thereafter undergo a 5 yearly examination by their GP until the age of 70, at which time a practical driving assessment must also be completed at the applicant's cost. Holders of an 'O' condition must also undergo an annual examination by a GP. Please note, certain medical conditions may alter the timeframes above or require a specialist report.

Applicants for a heavy vehicle licence (MR, HC, HR or MC) are required to complete a Commercial Driver's Health Assessment prior to issue/upgrade and then every 5 years.

You are required under section 78 of the *Road Transport (Driver Licensing) Regulation 2000* to undergo a medical examination in accordance with the medical standards set out in 'Assessing Fitness to Drive'. If the completed Health Assessment is not returned by the due date, the public vehicle licence may be suspended/heavy vehicle licence may be downgraded. Should you wish to apply for an internal review of this decision, applications for review should be addressed to: The Director, Transport Licensing, PO Box 582, Dickson ACT 2602.

An application for internal review must be made within 28 days of receiving this form.

If you are not satisfied with the outcome of the internal review, you have the right to apply to the ACT Civil and Administrative Tribunal (ACAT) to review the decision of the internal review. An application to the ACAT regarding the subject of this form can only be made following an internal review.

Applications to the ACAT must be made within 28 days of the date of the decision of the internal review. Please note that an application fee may apply. Applications should be sent to: ACT Civil and Administrative Tribunal, PO Box 370, Canberra ACT 2601. Phone: (02) 6207 1740, or Email: tribunal@act.gov.au

For further enquiries, please contact Access Canberra on 13 22 81.

This application concerns: (Please place an ☒ in the corresponding box)

Forward the completed and signed copy of this form to the relevant area:

☐ Accredited Driving Instructor	Mail: ADI Auditors PO Box 582 DICKSON ACT 2602	Email: audit.bookings@act.gov.au
☐ Heavy Vehicle Assessor		

☐ Hire Car	☐ Taxi	Mail: Transport Licensing PO Box 582 DICKSON ACT 2602
☐ Restricted Hire Car	☐ Public Bus	
☐ Hire Car Motorcycle	☐ Rideshare	Email: rusmedicals@act.gov
☐ Heavy Vehicles over 8t GVM (MR class or above)		

Guidelines for completing this form

The applicant must:

- Complete Section 1 on page ii and iii prior to the medical examination;
- Present the completed form to the examining doctor;
- If you wear spectacles, hearing aids etc. please bring them with you to the examination;
- Supply the examining doctor with any relevant documentation.

The examining doctor must:

- Conduct this assessment in line with the standards in 'Assessing Fitness to Drive';
- Review Section 1 with the applicant, and comment on any abnormality;
- Complete Section 2 on page iv **and** the Opinion Certificate on page i;
- Return completed and signed copy of this form to the applicant.

Medical assessments are valid for six months from the date of examination.

Licence holder / Applicant details

Surname	Given name	Other names
Date of birth	Licence number	E-mail address
Residential address		

Medical practitioner details

☐ Treating general practitioner	☐ Treating specialist	
Name of examining doctor (please print or stamp)	Signature	Date of examination
Address		Contact number

Medications - Medical practitioner to complete

Is the person on any medication that would adversely affect their ability to drive?

☐ No ☐ Yes Type/s:

Medical opinion - Medical practitioner to complete

I certify that I have examined the above mentioned patient in accordance with the National Medical Standards as set out in 'Assessing Fitness to Drive'. In my opinion the person subject of this report:

Medical opinion

☐ Meets the relevant medical criteria for an unconditional licence.
☐ Does not meet the medical criteria to hold any class of licence.
☐ Meets the medical criteria for a conditional licence with the following conditions / restrictions.
☐ Should be referred to a specialist. Specialist type:
Is the person fit to drive pending the specialist report? ☐ Yes ☐ No
Reason for assessment:
☐ Should be referred for an assessment from the Fitness to Drive Medical Unit (multiple medical conditions or a complex medical condition).
Is the person fit to drive pending the Fitness to Drive Medical Unit assessment? ☐ Yes ☐ No
Reason for assessment:
☐ Should be referred to a practical driving assessment and/or occupational therapist assessment.
Is the person fit to drive pending the outcome of the assessment? ☐ Yes ☐ No
Reason for assessment:
☐ Changes to medical monitoring requirements.
Please include detailed report.

Section 1 - Applicant to complete

Please answer the following questions by ticking the correct box. If you are not sure leave it empty, the doctor will ask you additional questions during the examination.

	Yes	No
1. Are you being treated by a doctor for any illness or injury?	☐	☐
2. Are you receiving any medical treatment or taking any medication?	☐	☐
3. Have you ever had, or been told by a doctor that you had any of the following?		
3.1 High blood pressure	☐	☐
3.2 Heart disease	☐	☐
3.3 Chest pain / Angina	☐	☐
3.4 Any condition requiring heart surgery	☐	☐
3.5 Palpitations / Irregular heartbeat	☐	☐
3.6 Abnormal shortness of breath	☐	☐
3.7 Head injury, spinal injury	☐	☐
3.8 Seizures, fits, convulsions or epilepsy	☐	☐
3.9 Blackouts or fainting	☐	☐
3.10 Stroke	☐	☐
3.11 Dizziness, vertigo, problems with balance	☐	☐
3.12 Double vision, difficulty seeing	☐	☐
3.13 Colour blindness	☐	☐
3.14 Kidney disease	☐	☐
3.15 Diabetes	☐	☐
3.16 Neck, back or limb disorders	☐	☐
3.17 Hearing loss or deafness or had an ear operation or use a hearing aid	☐	☐
3.18 Do you have difficulty hearing people on the telephone (including use of hearing aid if worn)?	☐	☐
3.19 Have you ever had, or been told by a doctor that you had a psychiatric illness, or nervous disorder?	☐	☐
3.20 Have you ever had any other serious injury, illness, operation, or been in hospital for any reason?	☐	☐
4.1 Have you ever had, or been told by a doctor that you had a sleep disorder, sleep apnoea, or narcolepsy?	☐	☐
4.2 Has anyone noticed that your breathing stops or is disrupted by episodes of choking during your sleep?	☐	☐

4.3 How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired?
(This refers to your usual way of life in recent times. Even if you haven't done some of these things recently try to work out how they would have affected you).

Use the following scale to choose the most appropriate number for each situation. It is important that you put a number (0 to 3) in each of the 8 boxes.

Situation	Chance of dozing (0 - 3)
Sitting and reading	☐
Watching TV	☐
Sitting, inactive in a public place (e.g. a theatre or meeting)	☐
As a passenger in a car for an hour without a break	☐
Lying down to rest in the afternoon when circumstances permit	☐
Sitting and talking to someone	☐
Sitting quietly after a lunch without alcohol	☐
In a car, while stopped for a few minutes in the traffic	☐

0 = would never doze off

1 = slight chance of dozing

2 = moderate chance of dozing

3 = high chance of dozing

- 5.1 How often do you have a drink containing alcohol? ☐ Never ☐ Monthly ☐ Two to four times a month ☐ Two to three times a week ☐ Four or more times a week
- 5.2 How many drinks containing alcohol do you have on a typical day when you are drinking? ☐ 1 or 2 ☐ 3 to 5 ☐ 5 to 6 ☐ 7 to 9 ☐ 10 or more
- 5.3 How often do you have six or more drinks on one occasion? ☐ Never ☐ Less than monthly ☐ Monthly ☐ Weekly ☐ Daily or almost daily
- 5.4 How often during the last year have you found that you were not able to stop drinking once you had started? ☐ Never ☐ Less than monthly ☐ Monthly ☐ Weekly ☐ Daily or almost daily
- 5.5 How often during the last year have you failed to do what was normally expected from you because of drinking? ☐ Never ☐ Less than monthly ☐ Monthly ☐ Weekly ☐ Daily or almost daily
- 5.6 How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session? ☐ Never ☐ Less than monthly ☐ Monthly ☐ Weekly ☐ Daily or almost daily
- 5.7 How often during the last year have you had a feeling of guilt or remorse after drinking? ☐ Never ☐ Less than monthly ☐ Monthly ☐ Weekly ☐ Daily or almost daily
- 5.8 How often during the last year have you been unable to remember what happened the night before because you had been drinking? ☐ Never ☐ Less than monthly ☐ Monthly ☐ Weekly ☐ Daily or almost daily
- 5.9 Have you or someone else been injured as a result of your drinking? ☐ No ☐ Yes, but not in the last year ☐ Yes, during the last year
- 5.10 Has a relative, friend, doctor or other health worker been concerned about your drinking or suggested you cut down? ☐ No ☐ Yes, but not in the last year ☐ Yes, during the last year
6. Do you use illicit drugs? Yes ☐ No ☐
7. Do you use any drugs or medications not prescribed for you by a doctor? Yes ☐ No ☐
8. Have you been in a vehicle crash since your last licence examination? Yes ☐ No ☐
- If yes, please give details:

Applicant's declaration (in presence of health professional)

I, (Print name in full) certify that to the best of my knowledge the above information supplied by me is true and correct, and I consent to Dr. releasing medical information to the Access Canberra or a medical practitioner nominated by the Access Canberra, in order to assess my medical eligibility for a Commercial Vehicle Driver Licence.

Signature

Date

 / /

Medical practitioner details

☐ Treating general practitioner ☐ Treating specialist

Name of examining doctor (please print or stamp)

Signature

Date of examination

Address

Telephone

Section 2 - Medical practitioner to complete

The examination must be conducted in accordance with the medical standards set out in 'Assessing Fitness to Drive' which can be accessed at: www.austroads.com.au. All minimum mandatory review periods are advised within this

1. Cardiovascular system:

1.1 Blood pressure (repeat if necessary)

Systolic mm Hg mm Hg
Diastolic mm Hg mm Hg

1.2 Pulse rate Regular ☐ Irregular ☐

1.3 Heart sounds Normal ☐ Abnormal ☐

1.4 Peripheral pulses Normal ☐ Abnormal ☐

2. Chest / Lungs: Normal ☐ Abnormal ☐

3. Abdomen (liver): Normal ☐ Abnormal ☐

4. Neurological / Locomotor:

4.1 Cervical spine rotation Normal ☐ Abnormal ☐

4.2 Back movement Normal ☐ Abnormal ☐

4.3 Upper limbs

(a) Appearance Normal ☐ Abnormal ☐

(b) Joint movements Normal ☐ Abnormal ☐

4.4 Lower limbs

(a) Appearance Normal ☐ Abnormal ☐

(b) Joint movements Normal ☐ Abnormal ☐

4.5 Reflexes Normal ☐ Abnormal ☐

4.6 Romberg's sign* Normal ☐ Abnormal ☐

*A pass requires the ability to maintain balance while standing with shoes off, feet together side by side, eyes closed and arms by sides, for thirty seconds.

5. Vision:

5.1 Visual acuity

Uncorrected			Corrected		
R	L	Both	R	L	Both
6 /	6 /	6 /	6 /	6 /	6 /

1. Does the patient have a restricted visual field or visual field defect? ☐ Yes ☐ No

2. If yes to question 1, does the patient's visual field have a horizontal extent at least 140 degrees within 10 degrees above and below the horizontal midline? ☐ Yes ☐ No

6. Hearing Normal ☐ Abnormal ☐

7. Urinalysis

7.1 Protein Normal ☐ Abnormal ☐

7.2 Glucose Normal ☐ Abnormal ☐

8. Neuropsychological Assessment

- Where clinically indicated apply the Mini Mental State Questionnaire or General Health Questionnaire or equivalent.

Score

9. Diabetes

☐ Insulin dependent

☐ Tablets

☐ Dietary

Does this affect his or her ability to drive? Yes ☐ No ☐

Is a driving assessment (A) or review (R) required by a medical specialist? (A) Yes ☐ No ☐

(R) Yes ☐ No ☐

Note: Please refer to the table contained in 'Assessing Fitness to Drive' guidelines (Commercial Standards) on page 49 when assessing people with diabetes for a commercial licence.

10. Epilepsy

Date of last attack / /

Does this affect his or her ability to drive? Yes ☐ No ☐

Is a driving assessment or review required by a medical specialist? Yes ☐ No ☐

Note: Please refer to the table contained in 'Assessing Fitness to Drive' guidelines (Commercial Standards) on page 57 when assessing people with epilepsy for a commercial licence.

11. Dementia

☐ Advanced Dementia

☐ Moderate Dementia

☐ Early Dementia

Does this affect his or her ability to drive? Yes ☐ No ☐

12. Sleep disorder

Does this affect his or her ability to drive? Yes ☐ No ☐

Relevant clinical findings

Note comments on any relevant findings detected in the questionnaire or examination, making reference to the requirements of the standards outlined in the 'Assessing Fitness to Drive' publication.

Medical Examination of Commercial Vehicle Driver Licence

The medical standards set out in 'Assessing Fitness to Drive' act as a guide for medical practitioners in providing expert advice when carrying out driver fitness checks on behalf of driver licensing authorities.

The standards (and medical form) were developed in conjunction with a range of medical organisations on behalf of the National Transport Commission (NTC) and Austroads and have been endorsed as the national standards for commercial vehicle drivers.

In accordance with the ACT's commitment to national road safety initiatives, these standards apply to all drivers of public buses, taxis, rideshare cars, hire cars, restricted hire cars, heavy vehicles over 8 tonne GVM, and riders of hire car motorcycles, accredited driving instructors and heavy vehicle assessors.

All medical practitioners can access these standards at www.austroads.com.au. The role of the medical practitioner is to advise whether the criteria for driving a commercial vehicle are met. The ultimate decision as to whether a person can be granted or retain a commercial vehicle licence is a matter for Access Canberra.

The completed Commercial Driver's Health Assessment should be submitted to the relevant business unit listed on the front page.

Payment

The licence applicant is responsible for payment of the medical examination fee.

The Australian Taxation Office has advised that a tax deduction may be allowable for a medical expense that is sufficiently linked to a particular vocation. On this basis the cost of the examination may be claimed as a work related expense. For more information please contact the Australian Taxation Office.

Privacy Statement: The personal information on this form is being collected by Access Canberra (part of the Chief Minister, Treasury and Economic Development Directorate) for driver licensing purposes as authorised by the *Road Transport (Driver Licensing) Act 1999*. The information may be used for the administration of driver licensing and vehicle registration legislation and enforcement. Access Canberra will include your information in its "one client record" so that it can be used in respect of any other dealings that you might have with Access Canberra. Information about your identity, which forms part of your one client record, will also be used for administrative purposes, including to confirm that we are dealing with the correct individual. Your personal information may be disclosed to other ACT Government Directorates, Commonwealth, State and other Territory government agencies, transport authorities, law enforcement and court agencies, authorised by law; the Motor Accident Injuries Commission; authorised printing and mailing service providers; Austroads Ltd; the National Heavy Vehicle Regulator; the National Capital Authority and individuals, their agents or insurers following a report provided to the police of a motor vehicle accident. Personal information and health information related to the assessment of your compliance with the required medical standards may also be disclosed to medical professionals and driving assessors when required to assess your ability to drive safely. Access Canberra is authorised to retain a digital copy of your photograph and signature under Part 4 of the *Road Transport (Driver Licensing) Act 1999*. Retained images may be used to assist in addressing identity fraud and disclosed to law enforcement and court agencies, interstate road authorities, or when authorised by law. If you choose not to provide the personal information requested on this form, we may not be able to process your request. Personal information for this application is not normally disclosed to overseas recipients unless required by law. Personal information provided is used or disclosed for the purpose for which it has been provided. Personal information is held and managed in accordance with the *Information Privacy Act 2014*, and in the case of personal health information, the *Health Records (Privacy and Access Act) 1997*.